

## ADVICE & GUIDANCE FOR PARENTS/CARERS

### If your child has been bullied:

- Calmly talk to your child about his/ her experiences.
- Consider if what your child is describing is bullying—whilst supporting your child to be objective.
- Make a note of what your child says— including how often the bullying has occurred, where it has happened, who is involved. Keep a record of any future incidents.
- Inform the school— via your child’s Tutor or a member of the Senior Leadership Team.
- Reassure your child that you will be working with the staff at the school to ensure that the bullying stops without making the situation for them worse.
- It is important that you advise your child not to fight back. It can make things worse!
- Tell your son / daughter there is nothing wrong with them. It is not their fault that they are being bullied.
- Make sure your child is fully aware of the School Policy concerning bullying and not to be afraid to ask for help.

## DEALING WITH INCIDENTS

**IF** bullying is suspected we talk to the suspected victim, the suspected bully and any witnesses . If any degree of bullying is identified, the following action may be taken:

- Help, support and Restorative Justice will be implemented as appropriate to both the victim and bullies.

We support the victims in the follow ways:

- By offering them an immediate opportunity to talk about the experience with their tutor or LSA.
- Informing the victim’s parent/carer.
- By offering continuing support when they feel they need it.

We also discipline, yet try to help the bullies in the following ways:

- By talking about what happened, to discover why they became involved.
- Informing the bullies parents / carers.
- By continuing to work with the bullies in order to get rid of prejudiced attitudes as far as possible.
- Imposing appropriate sanctions in accordance with the School Anti-Bullying Policy.

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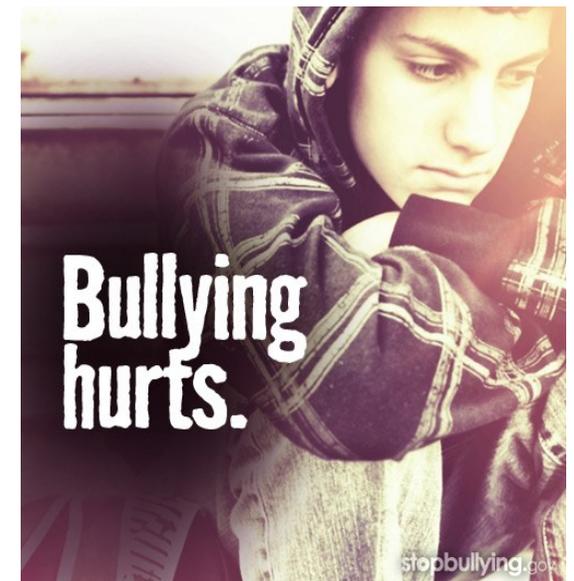
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## ANTI-BULLYING

**An information leaflet for Parents,  
Carers and Pupils**



## INTRODUCTION

At Wandle Valley we believe that all pupils have the right to learn in a supportive, caring and safe environment without fear of being bullied.

All institutions both large and small, contain some pupils with the potential for bullying behavior.

Prevention of bullying is the school's aim, however it is important for staff, pupils, parents and carers to have strategies for dealing with bullying when it does occur.



### Further information

Kidscape

[www.kidscape.org.uk](http://www.kidscape.org.uk)

ChildLine

[www.childline.org.uk](http://www.childline.org.uk) ( 0800 1111 )

Parentline Plus ( 0808 800 2222 )

## WHAT IS BULLYING?



It is important to make the distinction between bullying and friends falling out with each other. Falling out is an inevitable part of a pupil's life that they need to learn to cope with. Bullying is neither inevitable nor acceptable.

Bullying can occur through several types of anti-social behavior. It may be directed towards an individual's special educational needs, sexual orientation, sex, race, religion and belief, gender re-assignment or disability.

It can be:

- Physical—punched, hit or spat on etc.
- Verbal—verbal abuse, name calling etc.
- Cyber bullying—text messages, emails, chat rooms or MSN ,etc.
- Damage to property or theft—threat of physical violence to hand over property to them.



## ADVICE & GUIDANCE FOR PUPILS

*Are you being bullied?*

- Tell an adult what is happening straight away
- Stay calm
- Tell them to stop
- Get away from the situation as quickly as you can
- Take control— ignore them and don't let them see you react
- Remember your silence is the bully's greatest weapon!

*When talking to an adult:*

- Clearly explain what has happened to you
- Explain how often it has happened, who is involved and where it happens

Teachers and other adults in school will take you seriously and will deal with bullies in a way which will end the bullying and will not make things worse for you.

*Do you know someone who is being Bullied?*

- Take action! Watching and doing nothing looks as if you are on the side of the bully. It makes the victim feel more unhappy and on their own.
- If you feel you cannot get involved, tell an adult IMMEDIATELY.

